

## Back Panel Heading

This is a good place to briefly, but effectively, summarize your products or services. Sales copy is typically not included here.

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Caption describing picture or graphic.



## INFORMATION TO PARENTS AND CARETAKERS

Primary Business Address

Your Address Line 2

Your Address Line 3

Your Address Line 4

Phone: 555-555-5555

Fax: 555-555-5555

E-mail: [someone@example.com](mailto:someone@example.com)

## TALKING TO YOUR CHILDREN ABOUT PREVENTING SEXUAL ABUSE

INFORMATION TO PARENTS AND CARETAKERS



Tel: 4281500

## What is sexual abuse

Child abuse is a crime .It happens when an adult or someone bigger, or older than a child, involves a child in sexual activity by using his or her power over a child, or taking advantages of a child's trust.

Often trick, bribes or threats and sometimes physical force are used to make a child participate in the activity.

Child sexual abuse includes a wide range of activity which can include exhibitionism,fondling,oral sex and intercourse.



## MYTHS ABOUT CHILD SEXUAL; ABUSE:

Children somehow encourage or want abuse to occur. Sexual abuse involves the sexual use of a child. The offender is always responsible for the abuse, never the child.



Caption describing picture or graphic.

Children lie or make up stories about sexual abuse. It is extremely rare that a child would create stories or fantasies being sexually abused.

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## GENERAL TIPS

Maintain a close ,open relationship with your child so he/she will feel comfortable talking and asking questions when troubled or feeling confused .

Have ongoing conversations about what sexual abuse is with your child, and talk about safety.

Speak calmly to your child when talking about sexual abuse and safety

Demonstrate interest in what your child is doing, where your child goes, and with whom your child spends time.

Support your child in feeling strong and sure of her/himself. Support other children to feel that way as well.

Listen ,believe and trust what your child tells you.

Trust your intuition .If something does

## ACTIVITIES WITH CHILDREN

Talk with your child about safe and unsafe kinds of touches.

Talk about different types of secrets, and encourage your child to talk about secrets that make him/her feel bad or uncomfortable.

Teach your child that he/she has the right to be safe and to say NO if that right is being taken away.

Monitor your child's access to the internet. Talk about safety concerns with your child.

Help your child identify people He/she believes are safe and supportive. Tell your child to talk with you or one of he/she support people about problems.

Evaluate your child's walking routes and talk about which ones are more safe than others.

Practice assertiveness skills with your child ,like saying NO, and running away when she/he feels unsafe.

## ACTIVITIES FOR PARENTS AND CARE TAKERS

Be aware of the people in your neighbourhood,school or community where o9thers have access to your child.

Become more comfortable with talking about your body and your child's body so your child will know it is OK to talk with you when he/she is feeling confused or scared.

Increase your understanding of normal child development, so you will be better able to monitor behaviors that may be concerning.

Be wary of older children or adults who wants to spend a great deal of time alone with your child.

Get to know your child's friends and homes inc which your child plays.

## BELIEVE YOUR CHILD